

Cinco De May Shopping List

Healthy Jalapeno Margaritas (4 Servings)

- 8 oz Tequila (silver is best)
- about 12 limes or 12 oz. Lime juice
- 2 Tbsps Agave (often labeled \"agave nectar\")
- Ice (to taste)
- Jalapeno (fresh, sliced)
- Flake salt (optional, for rim)

Baked Tortilla Chips (4 Servings)

- 12 Corn tortillas (yellow or white)
- Extra virgin olive oil
- Salt (to taste)

Pico De Gallo (4 Servings)

- 5 each Roma tomatoes
- 0.50 White onion (large)
- 1 Jalapeno (fresh)
- 2 Limes
- 4 Tbsps Cilantro (loosely packed)
- 1/2 tsp Salt

Guacamole (4 Servings)

- 2 Avocado (Haas, make sure that they are fairly ripe/soft)
- 1 Tomato (medium, or 2 plum tomatoes)
- 1 Yellow onion (small)
- 3 Tbsps Cilantro (fresh chopped)
- Pickled jalapeno slices
- 2 Tbsps Lime juice
- 1 Tbsp Bottled minced garlic
- Salt (to taste)

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Steak Fajita Rollups with Queso (4 Servings)

- 0.50 Onion (large, cut into strips)
- 2 Bell peppers (cut into strips, any color or combo)
- 32 oz Skirt steak (or flank steak)
- 1 Tbsp Chili Powder
- 1 Tbsp Cumin
- 1 tsp Onion powder
- 1 tsp Garlic powder
- 1/4 tsp Oregano
- 1/4 tsp Paprika
- 1-1/4 tsp Salt
- 3/4 tsp Pepper
- 3 Tbsp Unsalted butter
- 3 Tbsps Brown rice flour (or whole wheat flour)
- 1 cup Milk (or unsweetened almond milk)
- 1 cup Cheddar cheese
- 1 can Rotel (10 oz)

Steak Street Tacos (4 Servings)

- 32 oz Flank steak
- 2 Tbsps Juice from jalapeno jar
- 1 Tbsp Bottled Minced Garlic
- 0.50 cups Cilantro (fresh, chopped, plus more if desired for garnish)
- 2 Tbsps Orange juice
- 2 Tbsps Lemon juice
- 2 Tbsp Lime juice
- 2 Tbsps Apple cider vinegar
- 0.33 cups Avocado oil

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- 1 teaspoon Kosher salt
- 1/4 tsp Pepper
- 4 Tbsps Worcestershire sauce (no sugar listed in ingredients, see notes)
- 0.50 cups Bragg Liquid Aminos
- 1 tsp Cumin
- 1 tsp Paprika
- 1 tsp Oregano
- 1 tsp Chili Powder
- 16 Corn tortillas (street taco sized)
- 6 oz Pico de gallo (if not making fresh)
- 4 oz Cojita cheese (crumbled)
- 6 oz Guacamole (if not making fresh)

Walking Tacos (4 Servings)

- 4 Corn tortillas
- 1 Tbsp Extra virgin olive oil
- 2/3 lb Ground beef (90% lean or leaner)
- 4 tsp Chili Powder
- 4 tsp Cumin
- 1/2 tsp Garlic powder
- 1/2 tsp Onion powder
- 1/2 tsp Salt
- 1/6 tsp Oregano
- 1/6 tsp Paprika
- 1/6 tsp Pepper
- 0.67 cups Salsa (no sugar listed in ingredients)
- 0.67 can Diced Tomatoes (14.5 oz)
- 0.67 can Black beans (14.5 oz, rinsed and drained)

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- 1.33 cups Cheddar cheese (grated)
- 0.67 head Romaine lettuce (shredded)
- Avocado (diced, optional)
- Cilantro (chopped, optional)
- Sour cream (optional)
- 4 Disposable cups (16 oz each)

Enchilada Rice (4 Servings)

- 16 oz Ground turkey (90% lean or leaner)
- 1 cup Brown rice (cooked)
- 1 bag Frozen bell peppers and onions
- 1 package Green enchilada sauce (16 oz, no sugar listed in ingredients)
- 1/2 tsp Chili Powder
- 1/4 tsp Cumin
- 4 Tbsps Sour cream
- 1 can Black olives (sliced, 4 oz.)
- 1 can Black beans (15 oz, rinsed and drained)
- 1 cup Cheddar cheese (grated)
- 0.50 cups Green onions (sliced)